



Rose Petals

Build a Better World for Women and Girls

January 2023

President Alissa's Message:

January is a time of new beginnings, fresh starts, and dares to dream bigger. It's also Amelia Earhart Month, a time to celebrate the legacy of a woman who shattered aviation ceilings and became a beacon of courage and possibility for women everywhere.

Amelia Earhart was a Zonta member. In fact, Zonta was the only non-aviation organization to which she belonged. Not only was she a pilot, but she was also a pioneer, a feminist, and a champion for women's rights. She dared to defy expectations, to conquer uncharted territories, and to prove that the sky was not the limit, but the launchpad for dreams.

Today, in the spirit of Amelia's audacious spirit, I want to talk about breaking barriers and embracing courage. We live in a world where, despite progress, barriers still exist. Whether it's in the boardroom, the classroom, or even our own minds, invisible walls can hold us back from reaching our full potential.

But just like Amelia Earhart, we can choose to be the wind beneath each other's wings. We can be the cheerleaders who drown out doubt with encouragement. We can be the mentors who share our knowledge and pave the way for others.

Here are some ways we can embrace courage and break barriers:

- **Step outside your comfort zone:** Don't be afraid to try something new, even if it's terrifying. Remember, Amelia Earhart took her first flying lesson at 22, knowing nothing about engines or propellers. Taking that leap of faith led her to become a legend.
- **Support other women:** Lift each other up, celebrate each other's successes, and offer a hand when the path gets tough. Remember, Zonta stands for "Where women (and men) empower women." Let's live up to that motto.
- **Challenge the status quo:** Don't be afraid to speak up against injustice, to question the norm, and to advocate for change. Amelia Earhart used her platform to fight for women's equality, and we, too, can use our voices to make a difference.

Let January be the month we channel our inner Amelia Earhart. Let's break the barriers that hold us back, embrace the courage to dream big, and soar towards our goals. Remember, we are a community and together, we can achieve anything.

With warmth and Zonta spirit,
Alissa



- Congratulations! We are pleased to inform you that Oregon Community Foundation approved a Community Advised Fund grant in the amount of **\$2,000** for Coos Bay Area Zonta Service Foundation. **Grant Purpose:** to support the Girls Rock it Tools and Trade program **The formal name of each fund that supported this grant is the Menasha Legacy Fund of Oregon Community Foundation.**
- The Coos Bay Area Zonta Service Foundation also received a check from Weyerhaeuser NR Company for GRITT in the amount of **\$2,000**.
- More good news – a donor sent the CBA Zonta Service Foundation a check for **\$3,000** -undesignated! This donor is not a member yet has supported our club with a substantial donation for 3 years in a row.
- The good news keeps rolling in – Sause Bros. is once again donating **\$1,500** to our scholarship program!



Your Help on Zonta Fundraiser – Wildflour Pub on Feb. 17th

- Mark your calendar for event date – **prioritize!**
- **Commit** to attending - \$100 per ticket – space limited to 100 guests.
- **Donate** a bottle of wine to the January 19th meeting or deliver to Lindi by January 31.
- If unable to attend donate \$100 to CBA Zonta Service Foundation to **help with fundraising**.
- Collaborate with other members to secure one live or silent auction item- gift certificates, activities, travel and consumables preferred.

It takes all of us to raise funds for scholarships and club programs!

Our Friday, January 19 Amelia Earhart Month program speaker is Beth Slade, Chief Warrant Officer with the U.S. Coast Guard. CWO Slade is currently the Commanding Officer of CG Station Yaquina Bay in Newport. We will meet at noon at the 7 Devils Waterfront Ale House in Coos Bay Village. Order lunch from the menu. Great time to bring a potential new member, their first lunch is free!

Beth E. Slade Chief Warrant Officer, USCG

CWO Slade is currently the Commanding Officer of CG Station Yaquina Bay in Newport, OR with a crew of 55, four 47' Motor Lifeboats, and a 29' Response Boat Small. CWO Slade's previous assignments include:

- Serving as Commanding Officer of Station Coos Bay, OR
- Serving as Commanding Officer Station Golden Gate, CA
- 1st Lieutenant onboard USCGC MELLON (WHEC-717)
- Executive Petty Officer of Station Depoe Bay
- Surfman Trainer at Station Yaquina Bay
- Operations Petty Officer at Station Cape Disappointment, Station Woods Hole
- Her first assignment was onboard USCGC MELLON (WHEC-717).



CWO Slade's military awards include the CG Silver Lifesaving Medal, four CG Commendation Medals, Five CG Achievement Medals as well as several other personal and unit awards. She received her Surfman certification while assigned to Station Cape Disappointment in April 2002 and designated as Surfman #321 in the national registry.

CWO Slade enlisted into the Coast Guard in 1997 and received her commission as a CWO in 2013. She is

married to BMCM Scott Slade, Officer in Charge at Station Coos Bay. Together, they have three children Sara (19), Emma (17), and Scotty (14).



**Words of appreciation from Laura Lee Blenz
Engineering Scholarship - OCF – Alhana McNutt**

Thank you so much, Ms. Blenz! I have lived in Coos County for the majority of my life and my tribe's reservation is located in Coos Bay, where I lived my early childhood. I am going into ecological engineering because I want to help heal our home. Every cent counts for helping me get my degree. You have made my day today. I even did a little happy dance and called my mom. Thank you again. I hope you have a great day and stay healthy.

Fly Like A Girl is more than just a film. It's a movement of young girls and women relentlessly pursuing their passion for aviation. A field currently dominated by men.

Hearing first-hand stories from girls and women who dared to aim higher. From a lego-loving young girl who includes female pilots in her toy airplanes, to a courageous woman who helped lead shuttle missions to space, Fly Like A Girl shows us that women are in charge of their own destiny.

<https://facebook.com/events/s/amelia-earhart-program-meeting/382447984121361/>



**FLY
LIKE A
GIRL**

Inspiring Documentary Discussion
Watch in Advance, Join us at 11:30 Jan 25th
Join Zonta Club of North Puget Sound on Zoom to discuss
Amelia Earhart Month Program Meeting

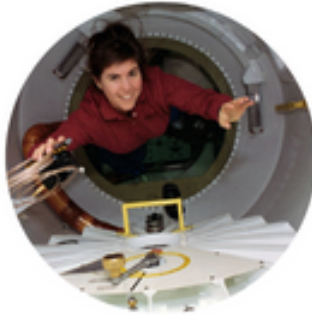
25

THURSDAY, JANUARY 25, 2024 AT 11:30 AM

**Fly Like a Girl discussion: Amelia Earhart
Program Meeting**

www.zonta.org/AmeliaEarhart85

[DONATE TODAY](#)



TOGETHER, WE WILL SOAR TO NEW HEIGHTS

We are inviting all Zontians to join us for the final boarding of the 85th anniversary flight of the Amelia Earhart Fellowship, which will take off shortly! On 15 December 1921, Amelia Earhart received her pilot's license.

There are four featured levels of giving, each corresponding to a significant event or milestone in Amelia Earhart's life or the Fellowship itself:

PIONEER

US\$25 individual donation in commemoration of Amelia Earhart's age when she received her pilot's license.

NAVIGATOR

US\$38 individual donation in commemoration of the year 1938, the year that Zonta International launched the Zonta International Amelia Earhart Fellowship.

AVIATOR

US\$85 individual donation in commemoration of the 85th Anniversary of the Zonta International Amelia Earhart Fellowship.

TRAILBLAZER

US\$10,000 to collectively fund a Fellowship as a Zonta club or individual donor, expanding horizons for women in aerospace engineering and space sciences.



Zonta's Partnership with UNICEF: Improving Health Care for Adolescent Girls in Peru



Adolescent girls in Peru are getting a healthy boost up, thanks to Zonta and UNICEF. And they need it. According to the July 2023 World Economic Forum Report, Peru ranks 117th out of 146th in narrowing the Gender Gap in health care. Fueled by statistics surrounding male and female mortality rates, this measurement shows that Peru has a long way to go in leveling the playing field in basic health and safety for its young women.

There are many factors contributing to Peruvian girls' situations. Rural communities have limited access to health care and are often further steeped in a socially conservative culture that embraces violence as punishment for children and young adults, both at home and at school. Adolescent girls struggle with undiagnosed depression and other mental health concerns, teen pregnancy, poor nutrition, and other health issues.

However, there has been improvement, in part from the partnership between Zonta and UNICEF. Focusing on some Peruvian regions where statistics around adolescent girls' health and safety are the lowest, the partnership has targeted the regions of Huancavelica, Loreto and Ucayali, and Northern Lima.

Zonta has agreed to provide \$750,000 during the partnership with UNICEF, which runs through 2024. Work is still in progress, but some significant improvements have already been made. As of July 2023, the following milestones have been met.

***Zonta and UNICEF's Goal:
Improve the capacity of services to
respond to the health needs of
adolescents, in particular adolescent
girls, in a timely manner and prevent
all forms of violence in schools and
other services.***

- Communication materials were developed for students, teachers and health personnel to disseminate the benefits that adolescents can access free of charge to prevent, identify and address health risks.
- UNICEF has strengthened the capacities of 90 teachers from 20 schools and trained more than 80 professionals from 49 health facilities in Huancavelica and Ucayali
- 3226 Adolescent girls who underwent the comprehensive health assessment in the prioritized districts in Huancavelica, Loreto, Ucayali and Northern Lima.
- 698 Adolescent girls screened for such risks in the prioritized districts in Huancavelica and Ucayali.
- 15 schools have added health promotion into their management curriculum
- UNICEF is preparing a comprehensive pilot program in Loreto to prevent second pregnancies in adolescents
- UNICEF developed the Program for Prevention of Violence in Schools that was validated by 26 schools, with plans to scale up to over 2000 schools in 2024.

More information on this project can be found at: <https://zonta.org/Web/Programs/ISP/Peru>.

For the full July 2023 Economic World Report on the Gender Gap, follow this link: <https://www.weforum.org/publications/global-gender-gap-report-2023/>

**Salvation Army Bellringing****Huge THANK You to all!**

We had such a beautiful day to contribute to help feed the hungry in our community through the Red Kettle Campaign. Erin~ thank you and David for making this service event which Zonta has been involved in for 46 years flow so smoothly. We look forward to the donation totals. Regardless of the amount collected, what a successful day!

Since I was around through all the shifts, the common thread of comments from volunteers was you enjoyed doing the shift, the time went fast and it was good getting to know or catch up with your shift partner. Again, thank you all for saying yes to volunteering for this needed service event. Hope to see you all next year!

Merry Christmas to you and yours,
Madison

Message from Lt. Erin Kauffman

And the winner of the Service Club Cowbell Kettle Challenge is.... Zonta Club of the Coos Bay

Area with \$1,885! In second place is the Marshfield Key Club, Coos Bay Lions Club was 3rd, and Coos Bay - North Bend Rotary was 4th place!

The coveted brass Cowbell will be awarded at our Volunteer Appreciation Luncheon, January 25th 12 noon. Thank you, thank you, thank you!





I grew up in Burns, OR. I was a “city” kid in Burns- but loved to go out to my friends’ ranch near Crane, OR. I got to ride out there on mustangs they caught over by John Day before the BLM gathered wild horses. My mom worked for the BLM and my dad was the District Attorney for Harney County. I remember as a kid, going to watch him in court. I would go to the courthouse after school and hang out at my father’s office. My brother took the law route and eventually became a D.A. in Sierra County, California. My dad passed away when I was 12 and my mom carried on raising my brother and I as a single mom. It was here I learned the importance of being a self-sufficient woman.

I got married young, at 19, and got through nursing school at Lane Community College, as a young, newly married, still a kid! I graduated from nursing school at age 20 and got my board results on my 21st birthday. That was the best birthday present ever! We moved to John Day and that’s where I started my nursing career at Blue Mountain Hospital. My husband and I bought a 125-acre ranch there- and had 2 kids, my son Tim and daughter Mindy. We sold the ranch, moved to the coast in 1987, fulfilling a dream to live on the Oregon coast. I went to work at Bay Area Hospital in ICU and eventually the O.R. We divorced and I became a single mom, but since I had a career in nursing, that was extremely important in my success in life. Because of that, I can see the importance an education in the life of women. Zonta’s mission, especially helping women get an education, is extremely important to a woman’s success in life!!

In 2015, I was asked to go on a medical mission at Mountain Top Ministries in Haiti. It was an incredible experience to help the least fortunate of people in a third world country. The people were so grateful for the help they received from Mountain Top Ministries.

Ron McGarrell and I were married in 2003. He had 10 kids, mostly all grown, but off and on we have had a lot of them living with us! Nine of the kids are adopted and one was their natural born child. We have numerous grandchildren and one great granddaughter, who lives in Brookings.

I retired from my job as a Nurse Practitioner in 2023. I was an NP for 23 years, graduated from University of Portland in 2000. I worked for 6 years at South Coast Orthopedics and 17 years at NBMC in Family Practice and Occupational Medicine with a focus on Workers Comp injuries. I put myself through school all the way, my BSN and grad school as a single mom. I loved my career as a nurse and NP! Currently I’m helping the Coos County Medical Examiner as needed- I started nursing school 50 years ago, so I’ve been in the field for half a century!!! In my retirement, I’m enjoying trail riding, showing horses, being active with Coos County Mounted Sheriff’s Posse, being on the Hauser Rural Fire board, Kids Hope Center board, Southwestern Horseman’s Association Board (SWOHA), and volunteering at Shore Acres! That should keep me out of trouble!



For our December program meeting, we visited with Evan, Kallie, and Claire from the new Coastal Families Relief Nursery. Relief Nurseries provide a holistic approach to preventing child abuse and neglect through the use of therapeutic classrooms, home visiting programs, parent trainings, and other supports for children ages 0-6 and their parents. The new Coastal Families Relief Nursery, located at Emmanuel Episcopal Church in Coos Bay, has opened its beautiful new classroom and the team looks forward to expanding services in the months and years to come. The new Relief Nursery also offers a food and supplies pantry for local families. While we were there, we helped package diapers for the pantry. Donor and volunteer opportunities are available - contact Kallie@CoastalFamilies.org for more information!



JANUARY BIRTHDAYS

Sherrill Lorenzo	9 th
Charlene Moore	9 th
Debbie Schade	13 th
Naomi Ulsted	14 th
Muriel Richardson	16 th
Jen Shafer	21 st
Greg Dalton	23 rd
Nikki Pritchard	23 rd
Lori Schmidt	27 th
Theresa Collins	28 th
Erin Kauffman	31 st

FEBRUARY BIRTHDAYS

Alissa Pruess	2 nd
Michaela Vonderohe	4 th
Shirley Gray-Roby	5 th
Megan Jacquot	6 th
Carol Ventgen	6 th
Kitty Backus	17 th
Dora Daniels	24 th

Having selected “the environment” as their focus for the Community 101 funds from the Oregon Community Foundation this year, the club spent December researching which nonprofits in the area would qualify for the grants. The club identified 7 programs and have sent invitations to all to apply. Grant applications are due February 6. This month the club members are investigating what school programs or projects would be eligible for funding as well as identifying hands-on volunteer activities they could do – another requirement of Community 101.



Once again the MHS Zclubbers helped ring the bell with our club for the Salvation Army.



When another organization backed out at the last minute, **the club was asked to handle concessions at the big basketball tournament for a 5-1/2 hour time slot.** The students were able to work 2-hour shifts, but an adult had to be present the entire time. Thankfully, our members **Lori Schmidt and Maria Gonzalez-Santos** were willing and able to assist so that I didn't need to be there the entire 5-1/2 hours!